

A RELATIONSHIP WITH CONFLICT

Name:

Date:

Think of someone important in your life who you have an unresolved conflict with; a conflict you would like to untangle and resolve. Answer the questions below and share your thinking.

OUR HISTORY	<p>Their name: _____ Connected since: _____</p> <p>Our connection is:</p> <p>Our current relationship dynamic – history:</p>
THE CORE	<p>The core of our conflict:</p>
OUR RESOLUTION	<p>This conflict could be resolved by:</p>
THEIR STORY	<p>Their perspective would be different because:</p>